For Project One, I’d like to use option 3 and put work towards an app that tracks the daily weight of the user. While monitoring the weight of the user, the app should also provide reminders for self-imposed timed goals. The difference between these apps & many that exist currently will be the ability to cater to a large diverse range of objectives. By recognizing that many users have different end goals such as athleticism, fitness, or overall health recover & improvement, the app will serve a broad variety of functions & provide optimal assistance & improvements.

When the user first opens the app, they should see a personalized welcome message & quick progress summary. This summary will show their last login, latest weight entry, time left to reach their goal, and how close they are to their target weight. The notification can be easily dismissed for a smooth experience. Transitioning to the welcome screen will shows the user a clear table with recorded weight history. Login protections will be behind a username & password. This helps multiple users log into same device while protecting privacy.

In comparison to MyFitnessPal & Simple Weight Tracker, it could be improved. The SWT app provides a summary table, goal-setting tools, & historical weight graph, while MyFitnessPal offers calorie counting and integration to other apps. Neither app supports multiple users or stronger data protection.

The two main user groups will focus on is those wanting to lose weight & them aiming to gain it. The features can assist both goals, provide inclusivity. Daily use can be a quick check-in like a morning weigh-in update. Because the app is primarily to track progress, having a simple interface should encourage the user to remain diligent. As they work towards reaching their weight goals, the app should provide feedback & alerts for the efforts. Sharing the success should motivate them further, encouraging others to join in, building upon accomplishments & creating a community.

By offering a secure, user-focused application with flexibility in the solutions for weight tracking, we can improve on the existing designs of other apps. The variety in end user needs should provide positive feedback in the app’s growth.